



# Got Teeth? a Survivor s Guide: How to Keep Your Teeth or Live Without Them! (Paperback)

By Saundra Goodman

Dog Ear Publishing, United States, 2007. Paperback. Book Condition: New. 213 x 137 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Your heart beats quickly, your knuckles clench, and your palms sweat. First date? Job Interview? No. The receptionist just called your name and asked you to have a seat - in the DENTIST S CHAIR! Every sight, sound, and smell triggers haunting childhood memories. For those who have had unpleasant experiences in the dentist s chair, the anticipation of each visit can be debilitating - and the reason why dental visits are put off until the point of no return. With over 75 of the population suffering from gum disease in varying stages, we are faced with difficult choices and sometimes - no choices: 1-1/2 million people each year get dentures. Periodontal disease can contribute to cardiovascular disease, diabetes, preterm low-birth weight babies, stroke, and more. With notes and quotes from dental professionals, Section One may help you keep your teeth and improve your health. In Section Two, Saundra delivers a blunt and sometimes humorous (sure, she can laugh now!) account of her life-changing experience with periodontal disease, bone loss, and tooth loss. Her story sheds...



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