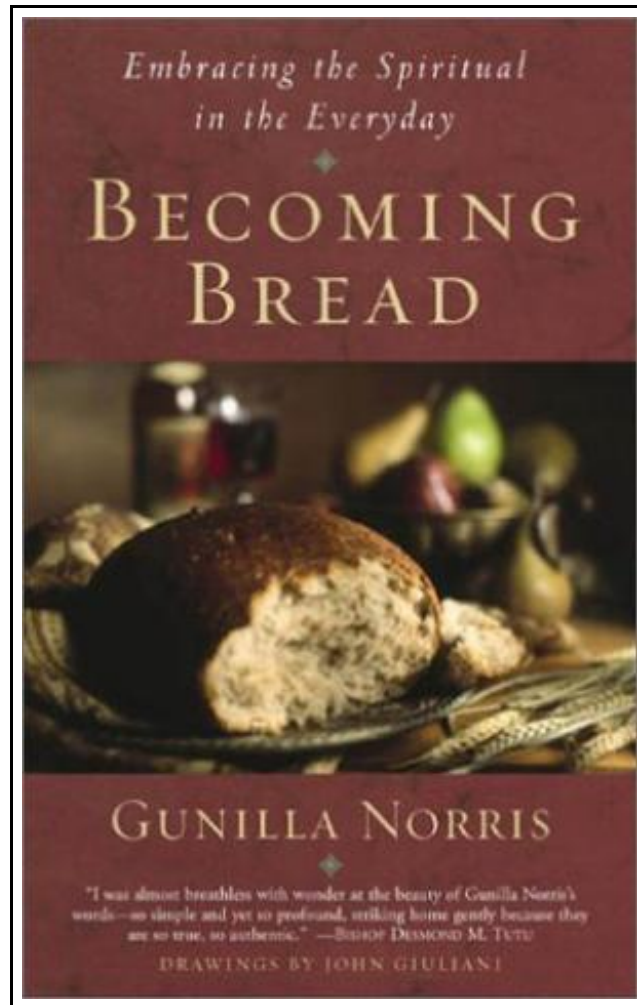


## Becoming Bread: Embracing the Spiritual in the Everyday (New edition)



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### ***Reviews***

*Comprehensive guide! Its this type of very good read through. It is actually written in simple words and phrases rather than difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.*

***(Bernie Mante PhD)***

## BECOMING BREAD: EMBRACING THE SPIRITUAL IN THE EVERYDAY (NEW EDITION)



Paulist Press International, U.S. Paperback. Book Condition: new. BRAND NEW, Becoming Bread: Embracing the Spiritual in the Everyday (New edition), Gunilla Norris, Just as Gunilla Norris' previous book, Being Home, garnered accolades from such spiritual writers as Bishop Desmond M. Tutu, Thich Nhat Hanh, Rabbi Harold Kushner, Brother David Steindl-Rast, Madeline L'Engle, M. Scott Peck, and a host of others, so too will readers find in this companion book the insights that they seek in living each day as a prayer. In these powerful poems, designed around the place, process, and seasons of making and eating bread, the transformative power of love, in all its many faces, resides. In such meditations as Beginning, Place, Willingness, Gifts, Living, Discipline, Pain, Sharing, Savoring, and then into Beginning Again, the author leads us through a process of alchemy: we become the bread and we become the love transformed. Helpful and hopeful, lyrical and resonant, Becoming Bread will be embraced by mature women and men of all faiths, including: - retreatants and spiritual seekers. - lovers of exquisite poetry. - those who have suffered loss, and want to find a way to understand. - those who embrace the holy in the daily. - those who use daily prayer and stillness as renewal.



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